



**OPERATIONAL
EXCELLENCE:**

How Lower Middle Market PE
Firms Create Alpha Through
Kaizen, Lean, Six Sigma, and
Continuous Improvement

February 2026

EXECUTIVE SUMMARY:

Private equity has evolved from financial engineering, leveraged buy-outs with multiple arbitrage, to operational value creation. The most sophisticated PE firms now maintain dedicated operating and data science teams with deep expertise in Lean, Six Sigma, Kaizen, and continuous improvement methodologies. This operational capability represents a superior source of alpha, particularly in under-financialized lower middle market segments where operational improvements can create outsized value.

We believe that PE firms possess structural advantages enabling operational transformation compared to public companies or independent ownership: patient capital without quarterly earnings pressure, pattern recognition across portfolios, access to world-class talent, and governance creating accountability. These advantages allow PE to compress improvement into shorter 3-7 year hold periods while delivering measurable value creation.



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KEY FINDINGS:

- Operational excellence programs can deliver 3:1 in some cases up to 15:1 ROI within hold periods
- Kaizen culture-building can deliver 15-25% productivity gains over 2-3 years through compounding improvements
- Six Sigma projects generate \$3-5M EBITDA improvement for \$100M revenue companies, creating \$18-30M enterprise value at typical multiples
- Lean transformations can produce 25-45% cumulative productivity gains, 50%+ working capital improvement, and capacity to absorb 30-50% revenue growth with minimal incremental fixed costs
- Portfolio companies with embedded operational excellence command premium exit multiples as buyers recognize sustainable competitive advantages and improvement infrastructure

THE EVOLUTION OF PRIVATE EQUITY VALUE CREATION:

For decades, private equity value creation relied primarily on financial engineering: acquiring companies with leverage, improving margins through cost cuts, and selling at expanded multiples. This playbook worked when purchase multiples averaged 6-7x EBITDA and interest rates remained low.

Today's environment demands a different approach. Purchase price multiples for quality middle market companies now average 10-14x EBITDA. Competition for deals has intensified as alternative assets under management have grown to over \$13 trillion. Meanwhile, rising interest rates have increased debt service costs, reducing the benefit of leverage.

Leading PE firms have responded by building genuine operational capabilities. Rather than relying solely on multiple arbitrage and financial leverage, they create value through systematic operational improvements that drive revenue growth, margin expansion, and competitive positioning. This shift is particularly pronounced in lower middle market segments where operational infrastructure is often underdeveloped, and improvement opportunities are substantial.

PE FIRMS ARE WELL POSITIONED FOR OPERATIONAL EXCELLENCE:

Private equity firms possess structural advantages that enable them to drive operational transformations more effectively than public company management or independent ownership:

- Patient Capital Without Short-Term Pressure: Public companies face relentless quarterly earnings pressure that discourages investments with long payback periods. A public CEO proposing to spend \$2-3 million on Lean transformation with 18-24 month payback faces analyst skepticism and potential stock price punishment. PE firms optimize for 3-7 year value creation. They will fund multi-year operational improvement programs because they're maximizing exit value, not next quarter's EPS.

- **Pattern Recognition Across Holdings:** A PE firm with 10+ portfolio companies encounters the same operational problems repeatedly across industries: inefficient warehouse layouts, excessive changeover times, poor forecasting accuracy, manual processes ripe for automation, and inadequate KPI visibility. This pattern recognition dramatically reduces execution risk. Operating partners know what works because they've successfully implemented these programs dozens of times. They can accurately forecast timelines, resource requirements, and expected returns. An independent company attempting its first Lean transformation faces far greater uncertainty.
- **Access to Operational Talent:** PE firms can recruit operations partners that middle market companies could never attract or afford independently. A \$75 million revenue manufacturer cannot justify a \$300,000 head of continuous improvement. But when this expert can rotate across 10-15 portfolio companies, the economics work. These operating partners provide surge capacity and expertise transfer. They spend 4-6 months intensively working with a portfolio company, installing systems and training internal teams, then rotate to the next company while providing ongoing coaching. This model delivers elite expertise at fraction of the cost of permanent hires.
- **Governance and Accountability:** PE board oversight creates forcing mechanisms for operational discipline that family-owned or publicly traded competitors often lack. Monthly operating reviews with specific improvement metrics, quarterly value creation scorecards, and compensation tied to operational KPIs drive execution velocity. The combination of supportive capital for investments with rigorous accountability for results creates ideal conditions for transformation.

KAIZEN: BUILDING IMPROVEMENT CULTURES

Kaizen (Japanese for 'change for better') focuses on continuous, incremental improvements involving all employees from the factory floor to the C-suite. While traditional Kaizen takes decades to mature – Toyota spent 70+ years building this culture – PE firms have developed accelerated approaches that create genuine cultural change within realistic hold periods.

The PE Kaizen Acceleration Model: Leading PE operating teams compress Kaizen culture-building using proven techniques

- **Leadership Alignment First** – The operating partner works intensively with the CEO and leadership team in months 1-3 post-acquisition to ensure complete philosophical alignment. Leaders attend week-long immersive training, visit benchmark facilities, and personally lead initial improvement events. This top-down commitment is non-negotiable for cultural transformation.
- **Quick Wins Generate Momentum** – Rather than waiting for organic bottom-up suggestions, PE teams identify 3-5 high-visibility quick wins in the first 90 days: reducing a chronic bottleneck, fixing a recurring customer complaint, eliminating an obvious safety hazard. Success builds belief that 'this time is different' from previous improvement fads under prior ownership.

Daily Management Systems – PE firms install structured daily huddles (tier meetings), visual management boards, and standardized problem-solving processes. These create the discipline and rhythm that makes continuous improvement sustainable rather than episodic. Within 6-12 months, daily improvement becomes 'how we work' rather than an initiative.

Measurable Value Creation from Kaizen: PE-driven Kaizen delivers quantifiable results within hold periods

Improvement Area	Target Results (2-3 Years)
Labor Productivity	15-25% improvement
Quality/Defect Reduction	30-50% reduction
Safety Incidents	40-60% reduction
Employee Retention	20-30% improvement

The compounding effect is particularly powerful. A facility generating 200 implemented improvements in Year 1 might generate 400 in Year 2 and 600 in Year 3 as the cultural muscle strengthens. The financial impact accelerates non-linearly as employees develop deeper problem-solving skills and improvement becomes habitual.

SIX SIGMA: PRECISION VALUE CREATION

Six Sigma aims to reduce process variation and defects to 3.4 defects per million opportunities through rigorous statistical analysis using the DMAIC methodology: Define, Measure, Analyze, Improve, Control. The structured, project-based, financially focused approach aligns perfectly with private equity's value creation requirements.

Rapid Deployment in PE Portfolios: PE firms deploy Six Sigma at scale using an accelerated model

- Months 1-3: Operating partner conducts diagnostics to identify 10-15 high-impact project opportunities, each targeting \$200K-\$1M in annual benefit. Projects are selected for quick wins, strategic importance, and skill-building across the organization.
- Months 3-6: Train first cohort of Green Belts (10-15 people) and 2-3 Black Belts through intensive programs. These individuals immediately start DMAIC projects with operating partner coaching, ensuring rapid knowledge transfer and application.
- Months 6-18: First wave of projects delivers measurable results. Each Black Belt completes 4-6 projects annually; each Green Belt completes 1-2. The financial benefits start flowing to EBITDA within 6-12 months, well within lender covenant and reporting periods.
- Months 18-36: Second and third waves of certification build deep bench strength. The company develops internal capability to sustain Six Sigma without ongoing PE operating partner support, creating durable competitive advantage.

Proven Financial Returns: The ROI on Six Sigma programs in PE portfolios is exceptionally strong and well-documented

Value Creation Metric	Target Result
Project ROI (including all costs)	3:1 to 5:1
EBITDA Improvement (\$100M revenue company)	\$3-5M over 2 years
Enterprise Value Created (at 8x multiple)	\$24-40M
Working Capital Release	\$2-5M

Beyond direct project savings, Six Sigma creates valuable infrastructure. The data systems and analytical capabilities built to support projects improve decision-making enterprise wide. Certified Black and Green Belts frequently advance into broader operational leadership roles, creating succession depth that reduces key person risk and increases company value.

LEAN: THE PE VALUE CREATION WORKHORSE

Lean methodologies deliver the trifecta PE firms need: cost reduction improving EBITDA, working capital release generating cash, and capacity creation enabling growth without proportional cost increases. Lean focuses on eliminating waste (muda) across seven categories: overproduction, waiting, transportation, overprocessing, inventory, motion, and defects.

The PE Lean Transformation Roadmap: Sophisticated PE operating teams follow proven three-phase sequencing

- Phase 1 (Months 1-6): Assessment and Quick Wins
 - Value stream mapping across key processes to identify waste and bottlenecks
 - 5S implementation in high-visibility areas (manufacturing floor, warehouse, offices) to signal change and build momentum
 - Rapid improvement events (kaizen blitzes) targeting obvious low-hanging fruit
 - *Target results: 10-20% productivity improvement in targeted areas, 15-25% inventory reduction in specific product lines, immediate visual transformation creating psychological momentum*
- Phase 2 (Months 6-18): Core System Implementation
 - Cellular manufacturing or flow-based layouts replacing functional departments
 - Pull systems and kanban replacing push-based production scheduling
 - Total Productive Maintenance (TPM) to dramatically improve equipment reliability (targeting 85%+ OEE)
 - Standard work documentation and visual management systems

- *Target results: 20-35% overall productivity improvement, 30-50% inventory reduction, 40-60% improvement in on-time delivery*
- Phase 3 (Months 18-36): Expansion and Sustainment
 - Lean principles extended to transactional processes (order entry, quoting, invoicing, month-end close)
 - Supplier partnerships and pull-based replenishment from vendors
 - Continuous improvement culture embedded with daily management systems
 - *Target results: 25-45% cumulative productivity gains, 50%+ working capital improvement, capacity to handle 30-50% more volume with minimal incremental fixed cost*

BUILDING ENTERPRISE CI INFRASTRUCTURE:

The most sophisticated PE firms don't just run improvement projects – they install comprehensive continuous improvement infrastructure that creates durable competitive advantage and commands premium exit valuations.

Organizational Design

- CI Office: 2-5 dedicated CI professionals (mix of Black Belts, Lean experts, change management specialists) reporting directly to COO or CEO, ensuring strategic importance and resource priority.
- Operating Rhythm: Daily tier meetings, weekly gemba walks (leadership going to where work happens), monthly kaizen events, and quarterly value creation reviews create systematic improvement cadence.
- Governance: Value creation steering committee tracks improvement pipeline, validates benefits realization, and ensures capability building progresses according to plan.

Technology Enablement

- Modern PE-backed companies deploy digital daily management systems providing real-time visibility to problems, improvements, and KPIs. Advanced analytics and machine learning identify improvement opportunities from operational data that human analysis would miss. Collaboration platforms enable best practice sharing across multi-site operations, accelerating improvement velocity.

The Compounding Returns Model: Companies with mature CI infrastructure generate accelerating returns as capability compounds

Year	Target EBITDA Improvement
Year 1	\$2-3M (quick wins, momentum building)
Year 2	\$4-5M (core systems deployed, capability developed)
Year 3	\$5-7M (culture embedded, velocity increases)
Year 4-5	\$6-8M annually (self-sustaining, organization identifies opportunities operating partners never saw)

IMPLICATIONS FOR ALLOCATORS:

The operational excellence capabilities described in this whitepaper have profound implications for institutional allocators evaluating private equity opportunities, particularly in lower middle market segments where these capabilities create maximum differentiation.

Due Diligence Focus Areas: Allocators should rigorously evaluate operational capabilities when conducting GP due diligence

- **Operating Partner Track Record:** Demand quantified evidence of value creation across multiple portfolio companies, not just anecdotes. Request specific examples with documented before/after metrics, investment amounts, and timeline to results. The best operating teams maintain detailed case studies with CFO-validated financial impact.

- **Methodology Sophistication:** Assess whether the GP has codified, repeatable improvement methodologies or relies on ad-hoc problem solving. Leading firms maintain detailed playbooks, implementation guides, and lessons learned databases. They can articulate specific sequencing, resource requirements, and expected timelines for different improvement initiatives.
- **Certification and Capability:** Verify operating partner credentials. Are they certified Black Belts or Master Black Belts? Do they have authentic Lean implementation experience from respected programs? Beware of consultants who have ‘done projects’ versus operators who have run actual businesses through transformations.
- **Portfolio Company Validation:** Conduct reference calls with current and exited portfolio company CEOs. Ask specifically about operational support quality, resource adequacy, and whether improvements were sustainable post-exit. The best validation comes from management teams who lived through the transformation.

Strategy Fit and Market Positioning: Operational excellence capabilities align particularly well with specific private equity strategies

- **Lower Middle Market Focus:** Companies with \$10-100M revenue typically have significant operational underdevelopment. They lack sophisticated systems, formal continuous improvement programs, and analytical capabilities. The improvement opportunity is substantial, and the cost of operational resources is reasonable relative to enterprise value. This contrasts with upper middle market where companies have often already implemented these systems.
- **Buy-and-Build Strategies:** Operational excellence creates platform advantages for integrating bolt-on acquisitions. A lean-out platform can efficiently absorb add-ons without proportional overhead increases. Standard work and documented processes enable faster integration and value capture from acquired companies.
- **Operational Turnarounds:** Companies facing operational challenges (quality issues, delivery problems, cost pressures) offer maximum improvement potential. GPs with proven operational capabilities can underwrite deals that others cannot because they can model realistic improvement trajectories based on pattern recognition from prior transformations.
- **Differentiation:** Operational capabilities provide genuine competitive differentiation. Sellers increasingly recognize that PE buyers offering operational value creation capabilities can build more valuable companies than purely financial buyers. This advantage is particularly pronounced in family-owned businesses where founders care about legacy and employee wellbeing – systematic operational improvement creates better companies, not just higher returns. For LP allocators, this differentiation may translate to better deal access, more favorable pricing, and higher probability of achieving underwritten returns independent of multiple expansion.

CONCLUSION:

Private equity’s evolution toward operational value creation represents a fundamental transformation in how leading firms create sustainable alpha. The systematic application of Kaizen, Lean, Six Sigma, and continuous improvement methodologies enables PE firms to generate returns that are both substantial and defensible. The financial evidence is compelling: operational excellence programs deliver 3:1 to as much as 15:1 ROI, create \$3-7M in annual EBITDA improvement for typical middle market companies, and command premium exit multiples as buyers recognize embedded competitive advantages. These returns are particularly attractive in an environment where multiple arbitrage has become increasingly difficult and financial leverage provides diminishing benefit.

For institutional allocators, operational capabilities provide a robust framework for GP differentiation and due diligence. The presence of world-class operating partners with proven track records, codified methodologies, and portfolio company validation should weigh heavily in allocation decisions. These capabilities are particularly valuable in lower middle market segments where operational infrastructure is underdeveloped, and improvement opportunities are most substantial.

The PE firms that have built genuine operational excellence capabilities – not just marketing rhetoric but demonstrated, repeatable, systematic value creation – have established legitimate competitive moats. They can access better deals, create more value during hold periods, achieve premium exits, and protect downside during economic stress. For allocators seeking alternatives exposure in increasingly competitive markets, operational excellence represents a sustainable source of differentiated alpha.



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